

# Kickapoo State Recreation Area Mountain Bike Trail Information Map

This trail system is directional, with a generally counterclockwise flow beginning at the trailhead. Arrows (➤) on the map indicate the direction each trail is to be ridden. This map also shows markers (●) every tenth-mile, from the beginning of each main trail, followed by the trails' lengths. For convenience, 3 kiosk maps have been placed on the trails as well as signage identifying trails. The trail surface is hard packed singletrack with a mixture of log jumps, dips, intense climbs, and fast flowing sections. There are downhills that offer the chance get up some speed and switchbacks that are technical enough for just about any rider. Altogether, the system offers more than 13 miles of trails.

**Respect the Trails  
do NOT ride  
wet trails**

## Trail Descriptions

**Trail 1** is an easy trail that connects the main park grounds to the mountain bike trail system and Haul Road. It's a great trail for families and casual riders.

**Trail 2** begins with a short, steep climb called "Surprise Hill." This trail has a nice flow with a large ravine in the middle and a fast stretch leading into a winding section.

**Trail 3** is technical with twists, turns, and short climbs. There are several skinnies that will take new riders by surprise, so watch your bars and pedals.

**Trail 4** has a wall-ride, a drop, a water crossing and a long, rocky climb called "Heartbreak Hill." It then follows a twisting and slightly uphill path along ravine tops.

**Trail 5** is a challenging ride with log jumps and various dips. There's also a sitting bench overlooking "Stump Pond" and Haul Road, just past Playground Loop.

**Trail 6** is mostly straight, fast, and downhill, with a drop midway and a hard left near the end. This is one of the fastest sections. Have fun and be careful.

**Trail 7** features a fast, off-camber downhill turn, followed by a tight, winding climb. It then continues along ravine tops, finishing with a quick jump run.

**Trail 8** starts out with a moderate descent and climb that leads to the "3 Kings" - a series of steep climbs ending in a downhill that's sandy, loose gravel. Use caution.

**Trail 9** begins on Haul Road just a short ride from T8. It has a few dips prior to the major ravine crossing in the middle and is relatively level up to the exit onto Haul Road.

**Haul Road** is a gravel/dirt road running along the west side of the system. It's generally an easy ride that includes several modest uphill and downhill sections.

**Heaven & Hell** is technical, with bench-cut downhills, tight switchbacks and intense climbs. Use caution when riding this trail.

**Playground Loop**, located on the interior of T5, has a climb leading to a fast downhill jump run, followed by a second climb and downhill jump run.

**Session** connects the end of T5 to the middle of T8. It's straight, smooth, and can be used as a bypass of the north trails or as a loop-around to ride them again.

## Safety Tips

### Gear Up

Always wear a helmet and any other appropriate safety equipment for the riding conditions.

### Never Ride Beyond Your Abilities

There is no shame in walking sections of the trail you don't feel confident enough to ride, and don't let anybody tell you otherwise.

### Use Appropriate Equipment for the Terrain

Some bikes are better for different situations. Just because you can see tire tracks, doesn't mean you can ride it with your bike.

### Keep Your Speed In Check

Always keep your speed at a level that will allow you to adjust to any unforeseen obstacles or changes in trail conditions.

### Know the Trail

Never push the limits on a trail you are not familiar with. You need to get to know the trail you are riding at slower speeds before you can ride it like the trails you're used to.

### Slow Down for Blind Corners

You never know what or who is around a corner when you can't see past it.

### Stop and Look

Stop and look at sections of the trail that look like they may pose a challenge before you ride them.

### Plan on the Crash

Always look at the consequences of crashing in a particular section or on a particular stunt before trying to ride through it. Sometimes a section can look easy to ride but can have deadly consequences to a crash.

### Start Small, Go Big

Work your way up to obstacles and stunts. Find ways to practice moves in less difficult and dangerous situations or at lower speeds before committing yourself to something more dangerous.

### Play It Smart

If you think what you are doing is not the smartest, you are probably right. Think about what you are doing and trust your instincts.

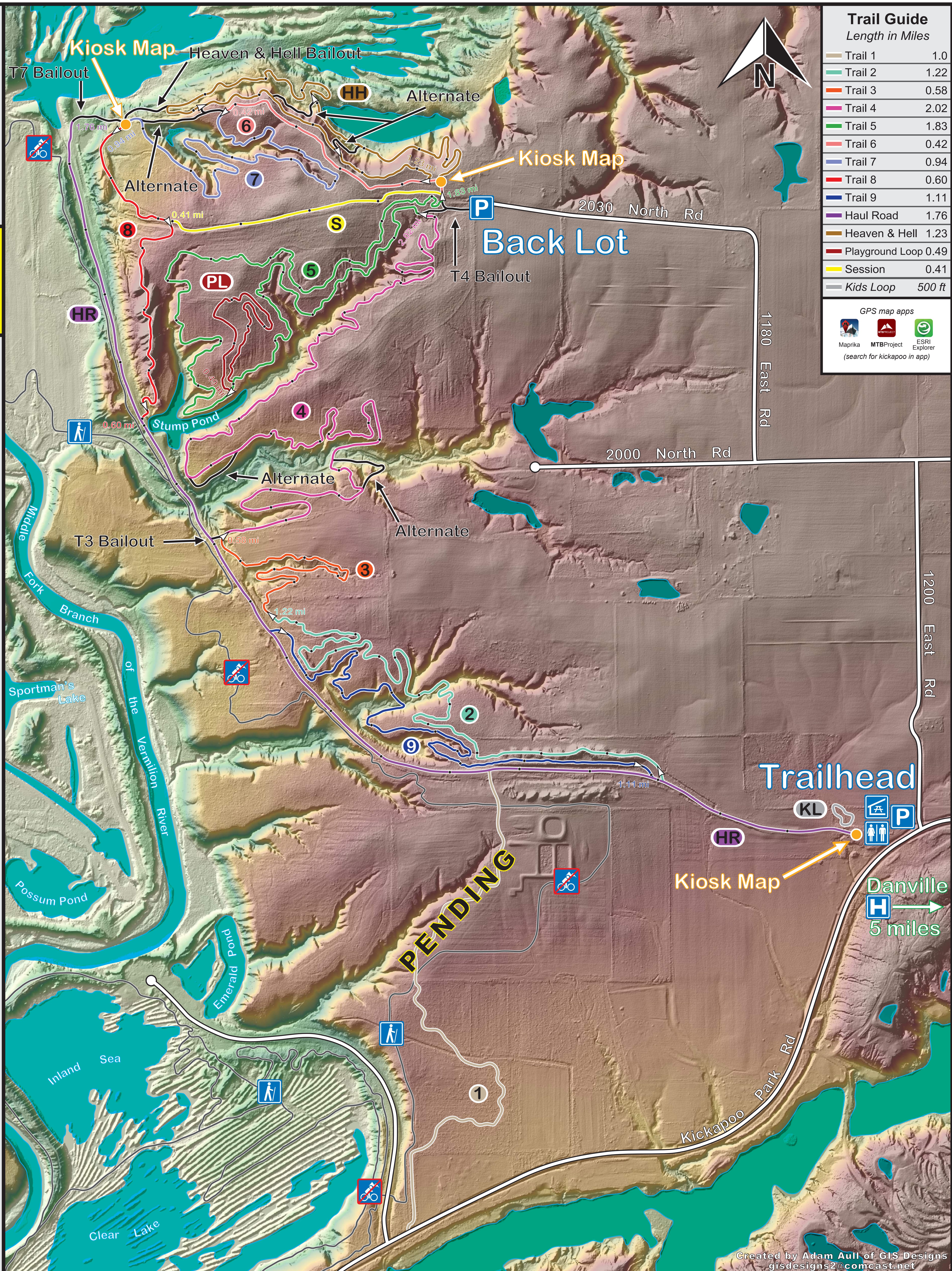


**Club Info**  
Kickapoo Mountain Bike Club  
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Be sure to visit the KMBC Interactive Map Gallery



Find us on



Trail Guide	
Length in Miles	
Trail 1	1.0
Trail 2	1.22
Trail 3	0.58
Trail 4	2.02
Trail 5	1.83
Trail 6	0.42
Trail 7	0.94
Trail 8	0.60
Trail 9	1.11
Haul Road	1.76
Heaven & Hell	1.23
Playground Loop	0.49
Session	0.41
Kids Loop	500 ft

GPS map apps  
 Maprika  
 MTBProject  
 ESRI Explorer  
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**PENDING**

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